

As world roils, U.S. and China seek to ease strained ties

By DIDI TANG and MATTHEW LEE Associated Press

WASHINGTON (AP) — In the midst of two active and potentially world-changing conflicts in the Middle East and Europe, the U.S. is hoping to find at least a small measure of common ground with China as China's top diplomat visits Washington this week.

Over three days of meetings that begin Thursday evening, top Biden administration officials, including possibly the president himself, will press Chinese Foreign Minister Wang Yi on the importance of China stepping up its role on the world stage if it wants to be considered a responsible major international player. Secretary of State Antony Blinken and Biden's national security adviser, Jake Sullivan, are expected to urge China to play a constructive role in both the Israel-Hamas and Russia-Ukraine wars.



United States and Chinese flags are set up before a meeting between Treasury Secretary Janet Yellen and Chinese Vice Premier He Lifeng at the Diaoyutai State Guesthouse in Beijing, on July 8, 2023.

Continued on Page 2

Associated Press Page 2





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Continued from Front

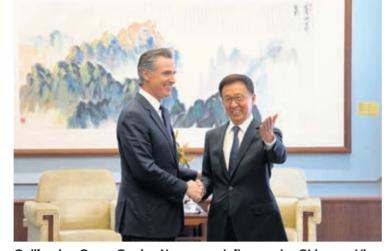
Those meetings could set the stage for a summit between President Joe Biden and Chinese President Xi Jinping next month on the sidelines of an Asia-Pacific Economic Cooperation leaders gathering in San Francisco.

The U.S. has been disappointed with China over its support for Russia in the war against Ukraine and its relative silence on the Middle East. In addition, the world's two largest economies are at odds on issues such as human rights, climate change, Taiwan, the South China Sea and North Korea.

Still, both sides have expressed a willingness to talk with each other since Blinken canceled a planned visit to China in February after the shootdown of a Chinese spy balloon over the U.S., which marked a low point in recent relations.

In the months that followed that crisis, however, Blinken rescheduled his trip and went to China in June. He was followed in quick succession by Treasury Secretary Janet Yellen, climate envoy John Kerry and Commerce Secretary Gina Raimondo.

In addition, Sullivan met



California Gov. Gavin Newsom, left, meets Chinese Vice President Han Zheng at the Diaoyutai State Guest House in Beijing, Wednesday, Oct. 25, 2023.

Associated Press

with Wang in Malta in mid-September ahead of Blinken's discussions with Chinese Vice President Han Zheng later that month on the sidelines of the U.N. General Assembly in New York. And Blinken spoke just last week with Wang about the Israel-Hamas crisis.

The goal, according to U.S. officials, is to set the stage for another Biden-Xi summit at which the two leaders could explore cooperation or at least easing outright hostility on the most pressing matters of the day.

"Wang Yi's visit will serve as one of the final touchpoints in laying the groundwork" for the Biden-Xi meeting, said Ryan Hass, director of the John L. Thornton China Center at the Brookings Institute, a Washingtonbased think tank. "Wang's meetings in Washington will set the contours for the topics the two leaders will discuss when they meet in November."

"It opens the possibility of the world's two largest powers pursuing coordinated efforts to limit escalation or expansion of violence in Ukraine and the Middle East," he said.

Yun Sun, director of the China Program at the Stimson Center, another Washington think tank, said Wang's trip signals that the Xi-Biden summit is almost certain.

"Wang is here to pave the ground for Xi's San Francisco trip. That's the core focus of the trip. It means issues will be negotiated, solutions will be discussed and details will be deliberated and inked," Sun said. "The APEC summit is 20 days away, so time is of essence. His trip means that Xi is coming. Xi's coming means meeting with Biden. The Xi-Biden summit means efforts to stabilize bilateral ties."

Scott Kennedy, senior adviser and trustee chair in Chinese business and economics at the Center for Strategic and International Studies in Washington, said it is important for Wang and the Americans to discuss points of contention in the Indo-Pacific region and elsewhere but that it is unlikely the two sides will reach much agreement.

However, Wang's trip could yield results such as additional direct flights between the two countries, visas for more journalists and even agreements on climate change and resumption of high-level military dialogue, Kennedy said. On Thursday, the Pentagon confirmed Chinese reports that Cynthia Carras, principal director for China, Taiwan, Mongolia, will represent the U.S. Defense Department at the Xiangshan

day in Beijing. The forum organizers earlier this week said she had registered for the event, along with Chad Sbragia, a former Pentagon official.

Wu Qian, a spokesman for the Chinese Defense Ministry, said "relevant Chinese officials will conduct exchanges with her." He also said Beijing "attaches great importance to the development of military-tomilitary relations" between the two countries.

During Wang's visit to Washington, he will "have in-depth exchanges of views" with U.S. officials on a range of issues and "state China's principled position and legitimate concerns" on relations between the two countries, the Chinese Foreign Ministry said.

The Chinese president last came to the U.S. in 2017, when former President Donald Trump hosted him at his Mar-a-Lago resort in Florida. Biden, who took office in 2021, has yet to host Xi on U.S. soil. The two men last met in Bali, Indonesia, in November 2022, on the sidelines of the Group of 20 meeting of leading rich and developing nations.

Wang's trip is one of a string of meetings and activities to warm up Xi's visit to the U.S.



Rep. Jamaal Bowman, D-N.Y., listens to fellow speakers before President Joe Biden speaks on the debt limit during an event at SUNY Westchester Community College, May 10, 2023, in Valhalla, N.Y.

Associated Press

By LINDSAY WHITEHURST Associated Press

WASHINGTON (AP) — Democratic Rep. Jamaal Bowman pleaded guilty Thurs-

day to a misdemeanor count for triggering a fire alarm as lawmakers scrambled to pass a funding bill before a government shut-

Rep. Jamaal Bowman pleads guilty to a misdemeanor for pulling a fire alarm

Forum, which begins Sun-

down deadline.

He will pay a \$1,000 fine and serve three months of probation, after which the false fire alarm charge is expected to be dismissed from his record under an agreement with prosecutors.

The alarm forced the evacuation of a House office building for over an hour on Sept. 30. The New York lawmaker acknowledged pulling the alarm but said it was a mistake as he tried to open an unexpectedly locked door in a rush to get to vote. The funding package was ultimately approved with most Republicans and almost all Democrats, including Bowman, supporting the bill.

"I really regret that this caused so much confusion and that people had to evacuate, and I just caused a disturbance. I hate that. It's pretty embarrassing," Bowman told reporters after his plea hearing.

Republicans have criticized Bowman, calling his explanation an "excuse" and pointing out he passed several police officers without telling them he had pulled the alarm. At the time of the evacuation, House Democrats were working to delay a vote on a funding bill to keep federal agencies open, saying they needed time to review a bill that Republicans abruptly released to avoid a shutdown.

Bowman said he didn't tell officers about the error because he was rushing to make the vote, not delay it. The case was filed by the District of Columbia attorney general's office, which said Bowman was "treated like anyone else who violates the law."

Bowman will also formally apologize to Capitol police as part of his plea deal. He's set to return to court for a sentencing hearing on Jan. 29, when the charge will be dropped after the completion of his probation.



U.S. government says it plans to go after legal goods tied to illegal fentanyl trade in new strategy

By JULIE WATSON Associated Press SAN DIEGO (AP) — As over-

dose deaths continue at a record pace, U.S. Customs and Border Protection announced a new government-wide strategy Thursday involving scores of agencies that will target the precursor materials used by traffickers to make fentanyl and other synthetic drugs.

Under the plan, CBP will work with the postal service and express consignment carriers, air carriers, and other logistic companies to share information about suspicious goods, potential transit routes, and other data that can help thwart the supply chain of fentanyl and other illicit synthetic drugs.

Legal goods that could be targeted include molds and presses to make pills, as well as chemicals.

Legal goods used in the making of fentanyl have been arriving increasingly via air carao from Asia to airports including in Los Angeles and then driven south into Mexico where



Acting commissioner of Customs and Border Protection Troy Miller, center, speaks during a news conference at the San Ysidro Port of Entry, Thursday, Oct. 26, 2023, in San Diego. **Associated Press**

cartels produce the drug including Los Angeles, San to the deadliest overdose and send it back to the U.S. to be sold illegally, officials said.

The aim is to hit "each node of the supply chain, based on data-driven intelligence," the agency said. The strategy will start in the San Diego corridor and then expand to other cities,

Francisco and Portland, Oregon, officials said. It will leverage partnerships at all levels: state, local, tribal, territorial, law enforcement, governments, commercial industries, nongovernmental partners, and the international community, to combat networks tied

crisis in U.S. history.

Troy Miller, acting commissioner of Customs and Border Protection, made the announcement on the U.S.-Mexico border, standing with U.S. Coast Guard officials, San Diego County sheriff's deputies and others at the nation's busiest

pedestrian crossing. Nearly half of the agency's seizures of fentanyl happen in the San Diego sector, he said.

The trade has evolved from 2016 when fentanyl was entering primarily via mail, concealed in envelopes, to now when machinery, dyes, and other materials are arriving via ships and planes to the United States before heading to Mexico to be used in fentanyl production feeding the U.S. overdose crisis.

In June, CBP officers examining cargo at Los Angeles International Airport unpacked a box from Asia labeled keyboards and found inside 175 pounds of chemicals that were later tested and found to be those used to make fentanyl, Miller said. The box had been destined for a warehouse on the U.S.-Mexico border. In September, officers at New York's John F. Kennedy Airport seized 14 dye and pill sets from China in separate shipments.

"These criminals are sophisticated, innovative and relentless," Miller said. 🔲

White House says Russia is executing its own soldiers for not following orders

COLLEEN LONG Associated Press

WASHINGTON (AP) — The White House on Thursday said Russia is executing soldiers who have failed to follow orders and threatening entire units with death if they retreat from Ukrainian artillery fire.

It's a development that U.S. national security officials believe reflects Russia's morale problems 20 months into its grinding invasion of Ukraine, said White House National Security Council spokesman John Kirby.

"It's reprehensible to think about that you would execute your own soldiers because they didn't want

By AAMER MADHANII and to follow orders and now I think it's a symptom of threatening to execute entire units, it's barbaric,"

how poorly Russia's military leaders know they're doing Kirby told reporters. "But and how bad they have



National Security Council spokesman John Kirby speaks during the daily briefing at the White House in Washington, Thursday, Oct. 26, 2023.

handled this from a military perspective."

The White House has downgraded and released intelligence findings about Russian action over the course of the war. In the past, the administration has said it has acted to disclose the intelligence to highlight plans for Russian misinformation and other activity so allies remain clear-eved lion for Ukraine. about Moscow's intent and Russia thinks twice before carrying out an operation. This latest unveiling of intelligence about Russia's struaales comes as President Joe Biden is pressing the Republican-controlled House to go along with providing more funding for

Ukraine as Kyiv tries to repel Russia in a war that has no end in sight.

Kirby pointed to the information as he renewed a plea for Congress to pass a nearly \$106 billion supplemental funding request that Biden unveiled last week.

The funding request includes more than \$61 bil-

"President Putin is not giving up on his aspirations to take all of Ukraine and as long as Russia continues its brutal assault we have to continue to support the Ukrainian people and their self defense, because his intentions are clear," Kirby said. 🗋



An increase in harassment against Jewish and Muslim Americans has been reported since Hamas attacks

By CLAUDIA LAUER Associated Press

Muslim and Jewish civil rights groups say they've seen large increases in reports of harassment, bias and sometimes physical assaults against members of their communities since the Oct. 7 Hamas attacks.

The Anti-Defamation League and the Council on American-Islamic Relations saw increases in reported instances, many involving violence or threats against protesters at rallies in support of Israel or in support of Palestinians over the last two weeks as war broke out between Israel and Hamas. Other attacks and harassment reported by the groups were directed at random Muslim or Jewish people in public.

A spokesperson for the Council on American-Islamic Relations said Wednesday that the organization's chapters and national office had received 774 reports of bias-related acts

24. The national headquarters had 110 direct reports during that period, compared to 63 for all of August. The council's leaders believe it's the largest wave of complaints since December 2015, when thenpresidential candidate Donald Trump declared his intent to ban Muslim immigration to the U.S. in the wake of the San Bernadino mass shooting that left 14 people dead.

The reported acts since Oct. 7 include an Illinois landlord fatally stabbing a 6-year-old Muslim boy and wounding the boy's mother, police say, as well as the arrest of a Michigan man after police say he asked people in a social media post to join him in hunting Palestinians.

"Public officials should do everything in their power to keep the wave of hate sweeping the nation right now from spiraling out of control," said Corey Saylor,

between Oct. 7 and Oct. research and advocacy director of the Council on American-Islamic Relations. Saylor noted that former President George W. Bush's visit to a mosque after the 9/11 attacks had a calming effect on the backlash felt in Muslim communities. He called on President Joe Biden to visit with Americans who lost family members in Gaza.

> The Anti-Defamation League's Center on Extremism reported in a statement Wednesday that the organization recorded at least 312 reports of antisemitic acts between Oct. 7 and Oct. 23 — compared to 64 recorded during the same time period in 2022. Those reports included graffiti, slurs or anonymous postings, as well as physical violence such as a woman being punched in the face in New York by an attacker who the league says said, "You are Jewish."

The 312 reports included 109 anti-Israel sentiments



L. Edward Mackouse, 80, a worshipper at the Shul at Newtown shows buttons of politicians that he favors at the entrance of the synagogue guarded by a police officer in riot gear in on Saturday, Oct. 14, 2023 in Newtown, Pa.

Associated Press

spoken or proclaimed at rallies the Anti-Defamation League's Center on Extremism found to be "explicit or strong implicit support for Hamas and/or violence against Jews in Israel," according to the statement. Protesters at several of the rallies used the slogan, "from the river to the sea, Palestine will be free,"

which the Anti-Defamation League and other Jewish aroups have criticized as a call to dismantle the state of Israel. Many Palestinian activists say they are not calling for the destruction of Israel, but for freedom of movement and equal rights and protections for Palestinians throughout the land.

Texas police could arrest migrants under a bill that is moving closer to approval by the governor

By PAUL J. WEBER Associated Press

AUSTIN, Texas (AP) — Texas is closer to giving police broad new authority to arrest migrants and order them to leave the U.S. under a bill the state House advanced Thursday, putting Republican Gov. Greg Abbott closer to a potential new confrontation with the Biden administration over immigration.

The proposal has erupted tempers in the Texas Capitol, where Hispanic Democratic lawmakers led hours of emotional protests over issues of race and the legality of the plan before House Republicans passed the bill on a party-line vote before sunrise.

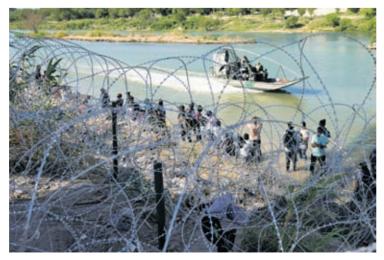
A similar proposal has already cleared the Texas Senate, meaning Republicans must now agree on a version before sending it to

Abbott's desk.

"Our cries for help in the enforcement of existing federal immigration laws have been ignored by President Biden.

We have had enough," said Republican state Rep. David Spiller, the author of the House bill.

Two years into Texas pushing the boundaries of immigration enforcement busing migrants out of state, stringing razor wire along the border and installing water barriers in the Rio Grande new plans to let police arrest migrants and order them to leave the



Migrants who crossed into the U.S. from Mexico are met with concertina wire along the Rio Grande, Sept. 21, 2023, in Eagle Pass, Texas.

Associated Press

country is setting up another test that would likely face a court challenge.

Opponents say handing all Texas law enforcement such power would risk inadvertent arrests of U.S. citizens, put families of mixed immigration status in danger during routine outings and make crime victims fearful of going to the police for help.

As anger among Democrats mounted Wednesday night, one lawmaker recorded and then posted video of a colleague lashing into Republicans during a private huddle on the floor of the Texas House.

"Y'all don't understand the (expletive) you do hurts our community," state Rep. Armando Walle is seen saying in the video. "It hurts us personally."

Texas has arrested thousands of migrants along the U.S.-Mexico border on criminal trespassing charges since 2021. But the new law would dramatically expand arrest powers to all Texas police and allow to them to take migrants to ports of entry along the border and order them into Mexico. If they don't leave the U.S., the law would allow police to arrest them.

The power to regulate immigration lies primarily with the U.S. government. and opponents say Texas' latest efforts flies in the face of U.S. law.

Critics have compared the proposal to a 2010 Arizona law that required police, while enforcing other laws, to question the immigration status of people suspected of being in the country illegally. The U.S. Supreme Court struck down key provisions of that law two years later.🗋

EU leaders seek aid access to Gaza and weigh the plight of EU citizens there

By LORNE COOK ssociated Press

BRUSSELS (AP) — European Union leaders gathered Thursday to debate ways to use their combined leverage to ensure that more aid reaches Palestinians in need, and how to help EU citizens in Gaza escape danger, including some held hostage by Hamas. EU nations have long been divided in their approach to Israel and the Palestinians, but the brutal nature of the Hamas attack on Israel on Oct 7., which killed more than 1,400 people, and the hardship of civilians forced from their homes in Gaza have shone a bright spotlight on those divisions. Across the EU spectrum, Austria, Germany and Hungary are among Israel's top supporters. The leaders of Austria and Germany went to Israel to show solidarity after the assault.

Spain and Ireland often focus on the plight of the Palestinians. Hamas, for its part, is on the EU's list of terrorist groups.

The challenge has been to strike a balance between



Netherland's Prime Minister Mark Rutte speaks with the media as he arrives for an EU summit at the European Council building in Brussels, Thursday, Oct. 26, 2023.

attacks, supporting Israel's right to defend itself and ensuring that the rights of civilians on both sides are protected under international law.

EU envoys have wrangled in recent days over whether to call for a "humanitarian pause" or "pauses," or even a "window" in the

condemning the Hamas fighting, to allow aid in. Israel's stronaest backers oppose any language that might be seen to constrain its right to self-defense.

Meanwhile, the death toll in Gaza has soared past 7,000, according to Palestinian officials. It's unprecedented in the decadeslong Israeli-Palestinian conflict.

A draft of the leaders' summit statement, seen by The Associated Press, sees them call "for continued, rapid, safe and unhindered humanitarian access and aid to reach those in need through all necessary measures including humanitarian corridors and pauses." Irish Prime Minister Leo Varadkar said: "I'm not

Associated Press

obsessed about what language we use. What we want is the killing and the violence to stop; to stop so that humanitarian aid can get into Gaza, where Palestinian people are ... suffering, and also to allow us to get EU citizens out."

He said that about 30 Irish Palestinian citizens are stuck. "We're keen for them to be able to leave Gaza if they want to leave, and that's currently not possible," Varadkar told reporters.

Asked how far Israel can go in destroying Hamas, German Chancellor Olaf Scholz said: "Israel is a democratic state that is led by very humanitarian principles, so one can be sure that the Israeli army will respect the rules that arise from international law in what it does. I have no doubt about that."

Despite its limited political leverage, the 27-nation bloc is the world's top aid supplier to the Palestinians. It has sent almost 78 million euros (\$82 million) this year and over 930 million euros (\$982 million) since 2000.

U.K, PM Sunak warns against rush to regulate AI before understanding its risks

By KELVIN CHAN AP Business Writer

LONDON (AP) — As authorities around the world scramble to draw up guardrails for artificial intelligence, British Prime Minister Rishi Sunak warned Thursday against moving too fast on regulating the rapidly developing technology before it's fully understood. Sunak warned about acting too quickly even as he outlined a host of risks that Al could bring, from making it easier to build chemical or biological weapons to its use by terrorist groups to spread fear, or by criminals to carry out cyberattacks or fraud. He said AI has the potential to transform life but it should be a global pri-

ority to mitigate the risks of human extinction it could bring, similar to pandemics and nuclear war.

Governments are the only ones able to keep people safe from AI's risks, and it shouldn't be left up to the tech companies developing it, he said in a speech ahead of a summit he's hosting next week on AI safety.

Al developers, who "don't always fully understand what their models could become capable of," should not be "marking their own homework," Sunak said.

"Only governments can properly assess the risks to national security. And only nation states have the

power and legitimacy to keep their people safe," he said.

However, "the UK's answer is not to rush to regulate," he said. "How can we write laws that make sense for something we don't yet fully understand?"

Authorities are racing to rein in artificial intelligence amid the recent rise of general purpose AI systems such as ChatGPT that have generated excitement and fear.

Sunak's U.K. AI Safety Summit is focused on the risks from so-called frontier artificial intelligence - cutting edge systems that can carry out a wide range of tasks but could contain unknown risks to public safety

and security. These systems are underpinned by large language models, which are trained on vast pools of text and data.

One of the summit's goals is to "push hard" for the first ever international statement about the nature of Al risks, Sunak said.



Britain's Prime Minister Rishi Sunak delivers a speech on AI at Royal Society, Carlton House Terrace, London, Thursday Oct. 26, 2023.

FRIDAY 27 OCTOBER 2023 WORLD NEWS



Hurricane Otis survivors search for friends and necessities in devastated Acapulco

By MARK STEVENSON **Associated Press** ACAPULCO, Mexico (AP) -

Survivors of the Pacific hurricane that killed at least 27 people as it devastated Acapulco spent Thursday searching for acquaintances and necessities and hoping that aid arrives quickly in the wake of Hurricane Otis.

Resentment grew in impoverished neighborhoods as residents worried that government attention would go to repairing tourism infrastructure, the city's economic engine, rather than helping the neediest.

The Mexican government has deployed the military and Flora Contreras Santos, a housewife from a poor neighborhood on the outskirts of the city, went from soldier to soldier trying to interest one in the tragedy that occurred on her street at the height of the hurricane Tuesday night.

On Tuesday, Otis took many by surprise when it rapidly strengthened from a tropical storm to a powerful Category 5 hurricane as it fore along the coast. A hillside collapsed on a family in a tin-roofed home. The force of the mud and



Debris lays on the beach after Hurricane Otis ripped through Acapulco, Mexico, Wednesday, Oct. 25, 2023.

water tore a 3-year-old mud from Acapulco's main girl away from her mother, and she hadn't been seen since.

"The mountain came down President Andrés Manuel on them. The mud took her from the mother's arms," Contreras said. "We need help, the mother is in bad shape and we can't find the girl."

Even as army bulldozers began clearing knee-deep

boulevards, her pleas did not appear to move any of the soldiers to action.

López Obrador went by road Wednesday after the hurricane hit the iconic city on Mexico 's Pacific coast. At least four people remained missing. It was unclear if the girl was counted among them.

The president said Otis had toppled every power-line pole in the zone where it hit on Wednesday, leaving much of the city of 1 million without electricity.

Associated Press

Otis turned from mild to monster in record time, and scientists are struggling to figure out how and why they didn't see it coming. "The people sheltered, protected themselves and

that's why fortunately there weren't more tragedies, loss of human life," López Obrador said.

Acapulco's municipal water system was down and some 500,000 homes lost power. López Obrador said that restoring power was a top priority.

Brown floodwaters extended for miles in some areas. Many residents were taking basic items from stores to survive in the wake of the storm. Others left with pricier goods.

The surreal was commonplace Thursday.

Ricardo Díaz, a self-employed laborer, stood Thursday with two fistfuls of live chickens he clutched by their legs.

A chicken company had given him the chickens, Diaz said.

A woman nearby pushed an office chair loaded with artificial Christmas wreaths and toilet paper through the streets.

Díaz looked on in dismay as people carried armfuls of goods out of a damaged store.

"They're going to close these stores and that hurts Acapulco," Díaz said.

American man indicted on murder charges over an attack on 2 U.S. tourists near a German castle

BERLIN (AP) — An American murder and possession of sentence of life in prison in man has been charged with murder and other offenses for attacking two women from the U.S. near Neuschwanstein castle in Germany in June and pushing them into a ravine, fatally injuring one of them, prosecutors said Thursday. The indictment against the 31-year-old suspect, whose name hasn't been released in line with German privacy rules, was filed at the state court in Kempten, which will have to decide whether and when to send the case to trial.

He faces charges of murder, rape with fatal consequences, attempted

child pornography. Murder Germany.

charges carry a maximum The attack took place on



A view of the Pollat gorge with the Neuschwanstein castle, in background in Schwangau, Germany, June 16, 2023. **Associated Press**

June 14 near the Marienbruecke, a bridge over a gorge close to the castle that offers a famous view of Neuschwanstein, one of Germany's most famous tourist attractions.

Prosecutors say the suspect met the two female tourists, ages 21 and 22, by chance on a hiking path and lured them off the trail. They said in a statement that he apparently first forced the younger woman to the ground and tried to undress her.

When the elder woman tried to help her, a scuffle ensued and the suspect allegedly pushed her down a steep slope. She fell about

50 meters (165 feet) and sustained a head injury, bruises and grazes, but survived.

The suspect then allegedly strangled the younger woman until she was unconscious and raped her, prosecutors said, before pushing her down the slope as well. She died.

Prosecutors said they secured a laptop and cellphones from the suspect containing child sexual abuse material.

Authorities say the women didn't know the man before they met near Neuschwanstein. The suspect was arrested shortly after the attack.



Food culture in Aruba

(Oranjestad) - Like many other cultures, an important aspect of the Aruban cultural identity is our connection to food and food traditions. The local food traditions consist of a melting pot of different cultural and religious eating habits and dishes.

Breakfast, lunch and dinner

The routine of breakfast, lunch and dinner on the island is one that does not completely follow a European or American routine, despite the major influences from these parts of the world on our culture and way of living. When it comes to the three important meals of the day, most of the Aruban population follows a Latin-American influenced routine.

Breakfast

Breakfast in Aruba is quite simple: a cup of coffee or tea, some bread, and sometimes an egg. Sometimes, due to the need of a quick "to-go" breakfast, you may also find many snack trucks and cafes that sell sandwiches, pastechis (meat pie), arepas and empanadas early in the morning.

Main Meal

The main meal is typically eaten in most households around noon or in the afternoon. This can consist of meat, fish, and chicken—stewed or fried—with funchi (polenta) or rice with stewed vegetables. Often, fried or boiled plantain or pan bati (Aruban pancake) is included. Stews are a staple in Aruban cuisine and can are largely influenced by Latin-American and Latin/Afro-Caribbean Stews. Some of the more unique stews and soups from the ABC Islands* include sopi di bonchi cora (red kidney bean soup with pig tail), sopi mondongo (tripe soup), carni stoba (beef stew), comcomber stoba (West Indian gherkin stew) and much more.

Dinner Time

Dinner time can vary significantly from household to household. Unlike the U.S. or in Europe, dinner time typically does not consist of a whole (warm) meal. Instead, the evening "meal" can typically consist of something lighter, like a sandwich, though it is not uncommon to see leftovers from the main meal reheated and eaten again. Tea and coffee are often also served with the evening snack.

(Religious) Holidays

Christmas is probably the biggest global holiday, and every culture has its own spin on what their Christmas cuisine entails. In Aruba, our Christmas cuisine is again largely based on Latin-American influences, most notably form Venezuela. Avacas and the famous pan di ham* are two crucial holiday dishes, along with stuffed turkey, roasted alazed ham topped with pineapples, arroz con pollo (rice and chicken) and potato salad, among other items. Traditional drinks include ponche crema (Aruban eggnog), chuculati pinda (hot chocolate with peanut butter), and homemade fruit punch. Desserts include, bolo di pistachio (pistachio cake), bolo di cashupete (cashew cake), quesillo (flan), bolo preto (dark fruit cake), drigidek (gingerbread), pan boyo (bread cake) and more.

Snacks and tasty delights

Besides meals and dishes that are eaten on the dinner table, Aruba

also has a food tradition that includes snacks and other tasty delights that you may easily find around the island. These include, Saco*, basket, pastechi, kroket, deditos, Johnny cake and more. These snacks are usually sold at local snack trucks and cafes, often located on the side of the road. In the area of Tanki Leendert and Tanki flip, for example, there are many of these trucks parked on the side of the road and often open until late at night—offering tasty and filling snacks post night-life fun.

*ABC Islands: Aruba, Bonaire and Curacao

*Pan di ham: Derived from the Venezuelan Pan de Jamon (rolled up bread with ham, raisins and olives)

*Saco: Saco literally means "bag". Saco contains fried potatoes, plantains, chicken (and ribs) and a Johnny cake, served in a paper bag.

Source: Voeding, voedingsgewoonten en gerechten op Aruba (Nutrition, Food Traditions and Dishes on Aruba) by Biblioteca Nacional Aruba







Helpful tips for your stay on Aruba

(Oranjestad)—When traveling to
another country, especially for
the first time, it is always better to
be over-prepared than under-pre-
pared. That is why we have a list of
basic—but important—information
that we think may come in handy
to Aruba's visitors.Police Tipline:
Ambulance: 9
Fire Dept: 115
Oranjestad: H
527-4000
San Nicolas: In
Elect

Emergency services

Even though most people don't even want to think about having to contact emergency services especially not while on their vacation, it is still important to know what number to dial in case of the unlikely event of an accident or severe incident.

Police: 100

Police Tipline: 11141 Ambulance: 911 Fire Dept: 115 Oranjestad: HOH hospital: +297-

527-4000 San Nicolas: ImSan: +297-527-8833

san Nicolas: Imsan: +297-527-8833

Electrical power

Aruba generally operates on 110V to 127V supply voltage and 60Hz. There are also three types of outlets used on the island: type A with two flat prongs; type B with two flat and one grounding prong, and on occasion, type F with two round prong and two earth clips on the side. However, Type A is most commonly found in homes and establishments.

Drinking water

The water that flows through the sinks of every house, hotels and other establishments is distilled and perfectly safe to drink. Aruba's drinking water exceeds WHO's international standards for water quality, so there is no need to buy bottled water from the store.

Supermarket hours

Supermarket hours may vary depending on where you are staying on the island. Generally though, most supermarkets are open from 8am to 9 or 10pm, Monday through Saturday. On Sundays, supermarkets generally close earlier; mostly around 2pm.

Taxis

Prices for taxi fair are set by the Department of Public Traffic and are based on destination rather than mileage. Most taxis can take up to five passengers, but this may vary depending on the vehicle. Taxis are pretty much always available and you can ever hire one for \$45 an hour.

Safety

Aruba is one of the safest islands in the Caribbean, and many tourist that visit have often told us how they feel safe to explore the island or walk around at night. However, rare incidents do occurs, so keep yourself and your belongings safe.



Did you hear about the CHOGOGO Halloween Party Bus?

CHOGOGO Tours is the hottest Party Bus on the Island, and they are currently in full preparation for their annual Halloween Party Bus Extravaganza.

The Party Experts at CHOGOGO Tours like to go all out for their Halloween Spooky Party Bus, transforming their buses into fully decorated spooky buses, and making sure their Party Experts are dressed to kill. Their fully decorated buses have a Live DJ to keep you dancing all night, Dance Floor with dancing Poles, Disco Lights, an entertaining Host to keep the party going all night and a Sexy Bartender to keep your cup full of Unlimited Aruba Riba Cocktails. Also you'll receive a free shot at every club the bus stops. Sounds like a hell-of-a-time, no?

If you dare to go on the Chogogo Spooky Halloween Party Bus make sure you're dressed to kill for a chance to WIN Spooky Prizes!

Halloween Extravaganza dates are: October 27, 28, 29, 30, 31.

Get your costume ready for the Spookiest and Hottest Halloween Party Bus on the island!

Book now at https://chogogotours.com/





(Oranjestad)—One of the biggest concerns that parents have when travelling with their children is a guarantee of their safety and healthy enjoyment. Therefore, we thought it would be a great help to travelling parents to list off some the most family-friendly beaches around the island.

Baby Beach in San Nicolas

Baby Beach is one Aruba's most popular and visited beaches, and for good reason: This san-

Aruba's most family-friendly beaches

dy and quiet lagoon is a great place for parents to sit back and relax while their children play in the shallow shores of the beach. Beside the relaxing atmosphere, there are also several services that may accommodate your stay, like a parking lot, sun tent rentals, chairs, bathrooms and a snack bar right at the far left of the beach.

Mangel Halto in Pos Chiquito

Mangel Halto is situated in the back streets of the Pos Chiquito city. Though there are several stairs on the sides of the beach cliff leading you down, the best spot for families to hang out is across the bridge, passed the mangrove trees near the entrance sign. Here, there are small and big palapas, perfect for big and small families to set up their belongings. In this area, the shore is also shallow, falling right around your knee before slowly getting deeper: perfect for kids to safely play.

Eagle Beach/Palm Beach in the hotel area

Yet another highly popular beach site, Eagle Beach and Palm Beach is where most of our visitors go to tan, swim or play in the white sand. Because they are near the low-rise and highrise hotel areas, these beaches are the most accessible for visitors on foot. These beaches also offer many palapas free to use, but you can also rent chairs and tents. Much like Baby Beach, these sites are one of the best beaches for your children to play and build sand castles.

Boca Catalina in Malmok

Boca Catalina is a small bay beach near the Malmok beach area further down the hotel areas. Though it may not be a very sandy beach, it is relatively quiet and tranquil. This is a great place for family to lay down a big blanket and have a little picnic. This is also one of the best places to snorkel, as this area is filled with little fish and corals, even close to the shore.

Palm Island

Ok, this one is technically not a beach, but a must-visit attraction for family fun. This small water park oasis is located further down the Mangel Halto Beach and is reachable by boat. This water park offers 6 hours of fun activities, food, drinks, and a chance to see pink flamingoes up close!



LOCAL A9 FRIDAY 27 OCTOBER 2023

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Aruba to me

ORANJESTAD — You are back or still enjoying your vacation?... we would like to portrait you! By inviting you to send us your favorite vacation picture while enjoying our Happy Island.

Complete the sentence: Aruba to me is Send your picture with that text (including your name and where you are from) to: news@arubatoday.com and we will publish your vacation memory. Isn't that a special way to keep your best moments alive? Please do note: By submitting

photos, text or any other materials, you give permission to The Aruba Today Newspaper, Caribbean Speed Printers and any of its affiliated companies to use said materials, as well as names, likeness, etc. for promotional purposes without compensation.

Last but not least: check out our website, Instagram and Facebook page! Thank you for supporting our free newspaper, we strive to make you a happy reader every day again.



Fresh fish right out of the Caribbean Sea to your plate



ORANJESTAD – Fish restaurants are everywhere, but do they serve fresh fish daily right out of the Caribbean Sea? The Grand Fish Restaurant does. This locallyowned restaurant is situated merely 5 minutes from the strip and is open as early as 11am for the lunch lovers.

The minute you step inside you can feel the homey and cozy warm ambiance by the décor and the friendly staff who will receive you with open arms.

The Grand Fish Restaurant has an extraordinary menu starting with appetizers, salads and their tamous tish soup. The entree dishes consist of a variety of fresh fish like whole red snapper, fish steak, fish cake, grilled salmon, mixed seafood or seafood rice (paella local style) combined with sides of vegetables, french fries, rice, plantain, the island's traditional 'pan bati' (slapped bread) or funchi (cornmeal cake).

Each and every dish is made with passion, love and dedication. Yes... even the fried ones!

There are also pasta, meat and poultry options plus a kid-friendly menu with crispy chicken or fish nuggets, cheese burgers, mac & cheese and kid tenderloin.

Pair your meal with your favorite drink or cocktail, a wine of your choice or a glass of The Grand Fish yummy homemade fresh lemonade.

If you haven't visited The Grand Fish yet, check out our local page for a coupon for a free glass of wine and make sure to drop by. The staff will be happy to welcome, guide and serve you for an amazing casual bite and good time.

The Grand Fish Restaurant is situated at Taratata Road 15, unit #1.

Open from 11AM – 10PM from Wednesday till Monday CLOSED on Tuesdays!!! 🗋



FRIDAY 27 OCTOBER 2023



Episode LXXII- (72) : A glimpse into 20th century "Dutch" Caribbean Art



ORANJESTAD — It is obvious that we cannot mention all those who participated and contributed with their love, passion and talent in our Dutch Caribbean expressionism that was always marked by exuberance, rebellion, impulses and feelings related to the temperament of the artist, but chose barely the following artists.

From out this early Dutch Caribbean expressionistic point of view and miscegenation, which combines realism and surrealism, alternating and adding abstraction and figuration, according to individual options of an art expression in constant renewal a particular style began to emerge in the mid-1940s.

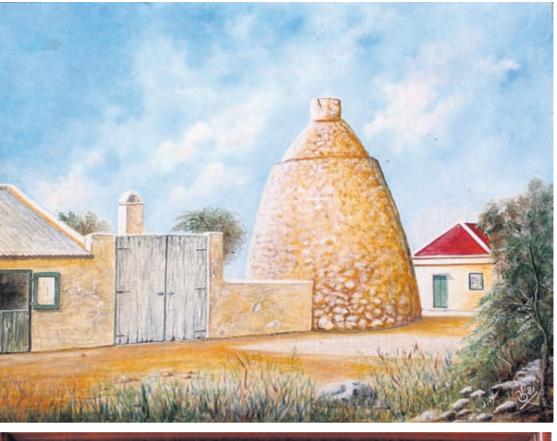
The diverse shared roots made that Caribbean art adapted constantly to change. However Aruba's indigenous heritage and patrimonial legacy kept its strong aesthetic values.

Hubert "Lio" Booi who was born in Bonaire (*1919-+2014), but lived in Aruba since 1937 had shown his appreciation for our island trough and by every means possible which included art, music and literature. Lio has dedicated his life to Aruba and its culture

Aruba's National Anthem. European artists, professionals and amateurs traveled to all the islands of the Caribbean, some of them establishing and inaugurated a local art related to the academy and styles of their Europe academies from the 19th and early 20th centuries.

Expressionism was a way of affirming identity. In short, the expressionism that, devoid of taboos and impositions, permeated the Netherlands Antilles, permeated an important sector of Anglophone art (English-speaking countries) -in particular Jamaica and Barbados-, reached the Francophones: Guadeloupe, Martinique, Haiti and flourished in 1950 in Spanish-speaking countries such as Santo Domingo and Puerto Rico and a decade later it arrived in Cuba as an ideological and aesthetic manifestation of shock. Dutch Caribbean Art development (Aruba and the Netherlands Antilles) in the former colonies in the beginning of the 20th century painters in Aruba also worked according to the traditional, European academic style.

The Greek artist, Johannes Pandellis (1896-1965) who went first to Suriname dur-





then left for Curacao in 1929, was one of the earliest artists working and teaching in the region, from who`s many works are still very valued by collectors.

Another painter was Theodorus Josephus van Delft, alias: Theo van Delft Jansz (1914- 2005) who lived in Curacao and Aruba for a

rustic landscapes of our islands.

In 1960 Amigo de Curacao newspaper dedicated a column to Theo van Delft: - "It must have been about ten years ago that Theo from Delft came to Curaçao, coming from a family of painters himself, was offered a position as a teacher. Theo van Delft knew and is also a co- author of ing the First World War and while, he enjoyed painting that what had started as

an orientation trip could as well become a permanent situation and thus began his life in Curaçao" leaving behind beautiful works for the next generations to enjoy.

To get to know more about Aruba and its origins, its animals, culture etc., we highly recommend you to book your participation. Living our cultural encounter session is mind opening and entertained curious hearts for decades already. Mail us at etnianativa03@gmail. Our facilities and com. activities take place close to your place.



Article by: Etnia Nativa Whatsapp us +297 592 2702 and book your Aruban exprerience Etnia Nativa is close to the high rise hotels





Did you know about... Basic driving rules on Aruba (part 2)

(Oranjestad)—In Yesterday's issue, we've provided some basic rules when driving on the four-lane highways and roundabouts on the island. Today, we want to offer you more tips and tricks when it comes to driving on the roads and highways of Aruba.

Speed limit in certain areas

As mentioned in yesterday's issue, the legal minimum and maximum speed limit on the island is 50 and 80 km/h respectively. However, there are some areas where it is mandated to drive up to a certain speed. This is always indicated by a circular traffic sign with red border and the number 50 on it. Signs like these are always paired by a similar sign with the number crossed out further down the road. This means that the mandate for this speed is now over; you may increase your velocity. Red borders on traffic sign—whether it's a circle or triangle—usually signal a warning, prohibition or preference.

Besides the "50" sign, you may also



encounter a traffic sign that says "bebouwde kom". These can be found in San Nicolas and Oranjestad. Bebouwde kom sings are rectangular and blue, and essentially tell you that you are in a heavily inhabited area. The maximum speed limit in a bebouwde kom is 50 km/h. Just like the previous pair, bebouwde kom signs are also paired with a similar sign crossed out.

Priority signs

On the main roads of Aruba (not the highways), you may see a yellow, squared sign with a white border. This sign tells you that on this road, you have priority and all other traffic should yield to you. This sign can be seen in Savaneta for example. So, if you are driving on the main road in Savaneta going to San Nicolas, you are driving on a single long road, and other cars that want to get on this main road or cross it, either from an intersection or from a dirt road, must all wait until traffic on the main road is clear. In other words, you do not have to stop for them. This sign too has a counter part that indicates that your priority is over.

Another priority sign you may encounter is a triangle sign with a red border and something that looks like a cross. You'll see this sign in an intersection. The general rule of thumb for crossing an intersection that do not contain traffic lights, roundabouts, sign or arrows on the road, is to always yield for traffic on your right. However, if you encounter this sign on your side of the intersection, you have priority over the other cars, even the one on your right.

However, be careful not to confuse this sign with a similar up-side down triangle, also found on intersections. This sign is a prohibition sign, telling you that you have to stop and give other cars priority. Of course you also have a "stop" sign that mean the same thing. The stop sign is generally used for tricky intersections with minimal view of opposite incoming traffic.

These are some of the basic rules that you would have to know if you decide to drive on the island. These are of course other traffic signs, and we recommend you visit aruba-travelguide.com for an extensive overview of all traffic signs used on Aruba.

speed limit

stop sign

triangle stop sign

Picture credits: aruba-travelguide.com

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Entrepreneurs with disabilities activate allies, rewrite the narrative

By KELSEY SHEEHY of Nerd-Wallet

Inna and Vladimir Giterman tinkered with several business ideas before finding their niche and their version of the American dream with crepes.

Both immigrants, and both deaf, the Gitermans started Crepe Crazy in 2007. What began as a momand-pop shop at festivals has grown into a full-blown family business with multiple food trucks, two brickand-mortar restaurants in Texas and a franchise location in Baltimore.

Everyone who works for the company, including the Giterman's two adult children, are either deaf or "deeply involved with the deaf community," Inna Giterman said in an email. Staff communicate using American Sign Language. Customers who can't sign still order with their hands: by pointing.

Crepe Crazy is one of roughly 1.8 million businesses in the United States

that is owned by someone with a disability, according to the American Community Survey conducted by the U.S. Census Bureau (though experts believe that number to be conservative). And while the path to entrepreneurship is rarely easy, business owners with disabilities often need to overcome additional challenges, like societal misconceptions, barriers to financing, extra living costs and lack of accommodations, among other things.

BoundaryLess Living founder and CEO William Sweeney, chats with an attendee on Nov. 17, 2021 at a BoundaryLess Living adaptive living home in Richmond, Va.

Associated Press

LAYERS OF FUNDING BAR-RIERS

Entrepreneurs often have to leverage personal savings, credit cards or even a personal loan to fund their business at the outset. But that's complicated for founders with disabilities, especially if they rely on Supplemental Security Income (SSI) and Medicaid, which have income and asset limits, says Nikki Powis, director of small-business programs at the National Disability Institute (NDI).

Airlines expect heavier drag on profit growth from rising fuel costs



Delta planes are shown at their gates June 13, 2022, at Salt Lake City International Airport, in Salt Lake City. Associated Press



By DAMIAN J. TROISE AP Business Writer

NEW YORK (AP) — Major airlines expect fuel costs to keep rising through the end of the year, putting a dent in profits for an industry that has seen earnings growth in 2023.

United Airlines, Delta and American have all seen fuel costs rise since the beginning of the year along with commodity prices for oil. Strong demand has so far helped profits grow each quarter. But all three airlines are forecasting yet another increase in costs during the current quarter and warning that it could hurt their bottom lines.

The higher fuel costs could potentially lead to pricier fares for travelers at a time when high inflation is still squeezing consumers.

for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each day the code letters are different. **10-27 CRYPTOQUOTE**

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Some companies using lots of water want to be more sustainable

By SUMAN NAISHADHAM and BRITTANY PETERSON Associated Press

WASHINGTON (AP) - Major corporations in waterguzzling industries such as clothing, food, beverage and technology want to be better stewards of the freshwater they use especially as drought, floods and other extreme weather intensified by climate change threaten their supply chains. But of 72 companies ranked by a sustainability nonprofit over the past year, few are close to achieving their 2030 targets.

Last year, Ceres launched an effort to press companies with large water footprints to protect those resources and address related financial risks. On Wednesday, the group released an analysis that found most of the assessed companies including such powerhouses as Coca-Cola, General Mills and Amazon have set targets but aren't close to meeting them.

"There's no doubt that companies need to do better," said Kirsten James, senior program director for water at Ceres.

Ceres said the companies were chosen from the four sectors based on factors including size and their impact on water. They were ranked based on a variety of factors, including commitments to protect the quantity and quality of the water they use, as well as the ecosystems that supply it. They were also assessed on whether they helped improve access to water and sanitation in communities where they do business. Ceres drew on publicly available information, including the companies' filings and other voluntary disclosures through March. None of the companies scored above 70% of the points available. Almost a dozen scored well enough to be rated "On Track" to meeting the goals, with at least 50% scores.



Coca-Cola cans move down a conveyer belt in the Swire Coca-Cola bottling plant Oct. 20, 2023, in Denver. Associated Press

That included Coca-Cola, which said its water use in 2022 was 10% more efficient compared to 2015. The company said it aspires to have 100% circular water use where every bit of water is used and eventually returned to the watersheds it has drawn from at 175 locations by 2030. But the company didn't

But the company didn't say how likely it was to reach that target, nor how much progress it has made. Coca-Cola also said manufacturing its product isn't where most of its water footprint lies; rather, it's in growing what goes into it. "The agricultural ingredients that we use use vastly more water to produce than the actual manufacturing process," said Michael Goltzman, vice president of Coca Cola and a sustainability head. "And it doesn't really matter where you are in the world."

The index was produced with funding that included a grant from the Coca-Cola Foundation, a separate entity from The Coca-Cola Company. Ceres said the index wasn't funded directly by any of the companies evaluated, and said its work isn't influenced by funders.



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FRIDAY 27 OCTOBER 2023 PEOPLE / ARTS



Teen dreams and adult nightmares in Sofia Coppola's 'Priscilla'

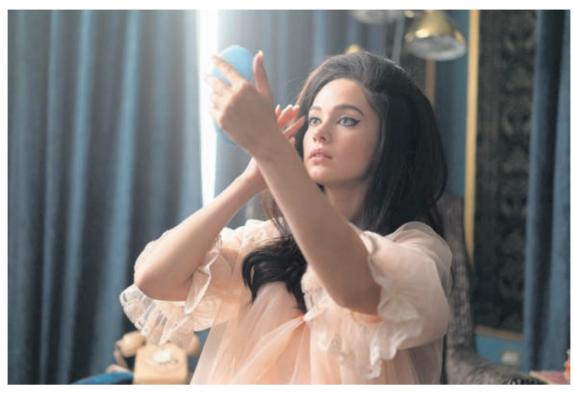
By JAKE COYLE AP Film Writer

Dreamily gazing at the album covers of Elvis Presley was not, statistically speaking, a rare habit among American teen girls in the late 1950s and early '60s.

But for Priscilla Beaulieu, teenage fantasy became a strange and surreal reality. Sofia Coppola's "Priscilla," starring Cailee Spaeny, captures all the dreaminess, the absurdity and, finally, the nightmare of falling in love with Elvis.

Priscilla was just 14 years-old a 9th grader when she first met him. It was 1959. She was living in West Germany, where her Air Force officer stepfather was stationed. The swoony early scenes of Coppola's film find a solitary Priscilla sipping soda in a Navy base diner while a cover of Frankie Avalon's "Venus" ("Venus, make her fair / A lovely girl with sunlight in her hair") plays around her.

A man approaches and asks if she likes Elvis. Of course she does. Would she like to meet him? Um, what? After some negotiations with her parents,



This image released by A24 shows Cailee Spaeny as Priscilla, in a scene from "Priscilla." **Associated Press**

Priscilla is sitting there on the sofa at a small party when the King of Rock 'n' Roll, himself (Jacob Elordi), strolls down the stairs. Big, big sigh.

Coppola, the writer-director of "The Virgin Suicides," "Lost in Translation" and "Somewhere," has always been innately attuned to the forming identities, swelling desires and intimate

revelations of young women. In the story of Priscilla Presley (the film is based on her 1985 memoir, "Elvis and Me"), Coppola has found a tale tailor-made for her delicately perceptive style of filmmaking.

As a movie, "Priscilla" is the diametric opposite of Baz Luhrmann's "Elvis." Where Luhrmann's film was lurid and careening, Coppola's

is muted and textured. Her film is a kind of fairy tale that turns claustrophobic and cautionary.

"Priscilla" is, at least at first, quite funny. After Priscilla initially catches Elvis' eye at that party, she's back at school learning about the food groups. How could anyone possibly stomach that? Or when, after Elvis hasn't called following his

stint in the military, Priscilla's mother asks her if there aren't any boys in school she might be interested in, instead. Priscilla doesn't need to say anything; just the image of lining up your average 9th grade boy against Elvis Presley is enough.

Yet their courtship continues in somewhat traditional fashion. Elvis, played with relaxed magnetism by Elordi ("The Kissing Booth," "Saltburn"), is drawn to Priscilla because she reminds him of home; it's clear her purity is part of her appeal to him. It's a long time before they have sex, though her youth remains tacitly problematic. "Wow, she's young," says one woman watching Elvis lead Priscilla upstairs. "Like a little girl."

Their life together is initially sweet if deranged. Priscilla drifts through a dream world even if Elvis' extremes are glaring to us. His bedroom in Graceland is comically gaudy. "I got this for you," we hear Elvis say kindly, before a handgun is handed over.

No Presley songs play in "Priscilla." 🗋

The last new Beatles song, 'Now And Then,' will be released next week



The Beatles, foreground from left, Paul McCartney, George Harrison, John Lennon and Ringo Starr on drums perform on the CBS "Ed Sullivan Show" in New York on Feb. 9, 1964. **Associated Press**

By DAVID BAUDER

AP Entertainment Writer NEW YORK (AP) — Sixty

years after the onset of Beatlemania and with two of the quartet now dead, artificial intelligence has enabled the release next week of what is promised to be the last "new" Beatles song.

The track, called "Now And Then," will be available Thursday, Nov. 2, as part of problems up by "separata single paired with "Love Me Do," the very first Beatles single that came out in 1962 in England, it was announced Thursday.

"Now And Then" comes from the same batch of unreleased demos written by the late John Lennon, which were taken by his

former bandmates to construct the songs "Free As a Bird" and "Real Love," released in the mid-1990s.

Paul McCartney, Ringo Starr and Georae Harrison worked on "Now And Then" in the same sessions, but technological limitations stood in the way.

With the help of artificial intelligence, director Peter Jackson cleared those ing" Lennon's original vo- they weaved in backcals from a piano used in the late 1970s. The much clearer vocals allowed Mc-Cartney and Starr to complete the track last year.

The survivors packed plenty into it. The new single contains guitar that Harrison had recorded nearly three

decades ago, a new drum part by Starr, with McCartney's bass, piano and a slide guitar solo he added as a tribute to Harrison, who died in 2001.

McCartney and Starr sang backup.

McCartney also added a string arrangement written with the help of Giles Martin, son of the late Beatles producer George Martin.

As if that wasn't enough, ing vocals from the original Beatles recordings of "Here, There and Everywhere," "Eleanor Rigby" and "Because."

"There it was, John's voice, crystal clear," McCartney said in the announcement. "It's quite emotional.



Derrick Henry, Chase Young, Brian Burns are among several star NFL players who could be on the move

By ROB MAADDI

AP Pro Football Writer The best team in the NFC already added an All-Pro to the secondary.

More moves are coming around the NFL.

Teams looking to bolster their rosters for the second half have until Tuesday's trade deadline at 4 p.m. EDT. Several established veterans could end up switching uniforms. There were a slew of trades at this time last season.

The Philadelphia Eagles couldn't wait to upgrade at safety, acquiring twotime All-Pro Kevin Byard from the Tennessee Titans earlier this week. Byard is a significant addition at a position that was depleted by injury and the departure of C.J. Gardner-Johnson in free agency.

"Obviously, I feel like I'm a great player, but at the end of the day, it's not really about that," Byard said Wednesday. "It's about what I do now that I'm here. I had a great career in Tennessee, but I'm a Philadelphia Eagle now and that's what it's more about moving forward, making plays, and winning games. "This is my eighth season and I'm feeling really good, coming off a bye week, too. I'm definitely feeling fresh right now. This team



Carolina Panthers defensive tackle Derrick Brown and linebacker Brian Burns tackle Miami Dolphins running back Raheem Mostert (31) during the second half of an NFL football game, Sunday, Oct. 15, 2023, in Miami Gardens, Fla.

has a great culture and I'm just looking to add to that. It feels good to wake up 6-1." Here are five players who could end up finding new homes:

DERRICK HENRY

The Titans (2-4) already traded one star on defense so dealing their best offensive player wouldn't be a surprise. Henry's production is down on a struggling offense. He's run for 425 yards, a 4.3-yard average and three touchdowns. The 29-year-old Henry can be a free agent after the season so he should be considered a half-season rental.

The Ravens (5-2) and Buccaneers (3-3) are potential leading suitors for Henry. Baltimore lost running back J.K. Dobbins in Week 1. Lamar Jackson is their leading rusher followed by Gus Edwards.

The Buccaneers have the fourth-worst rushing offense in the league and only one team is averaging **Associated Press**

fewer yards per carry. Henry makes sense for Tampa Bay even though the team wants to build around younger players. The NFC South is wide open and the two-time reigning division champs are in the mix.

Don't discount the Cowboys (4-2) despite Jerry Jones' declaration that Dallas isn't making calls. For the right price, the Eagles (6-1) could pull off yet another deal with the Titans. Getting wide receiver A.J. Brown from Tennessee in 2022 helped elevate Jalen Hurts into an MVP runnerup.

CHASE YOUNG

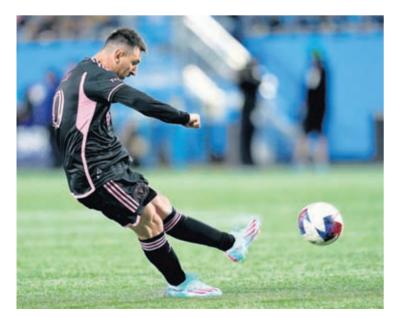
The No. 2 overall pick in 2020 could be on the way out in Washington. The Commanders (3-4) already declined to pick up Young's fifth-year option. He has five sacks in six games, but Washington has already given a big contract to defensive tackle Daron Payne and has defensive line Montez Sweat also due for a new deal.

The Dolphins (5-2), Lions (5-2) and Jaguars (5-2) are among the top possibilities if the Commanders deal Young.

BRIAN BURNS

A two-time Pro Bowl edge rusher, Burns is in the final year of his contract and the winless Carolina Panthers (0-6) need to accumulate more draft capital after trading a slew of picks to move up to No. 1 to take Bryce Young this season.

Burns has four sacks this season and would be a significant addition for teams such as Miami, Detroit, Buffalo (4-3), Jacksonville (5-2) and even San Francisco (5-2). The Panthers had an opportunity to move Burns last year before the deadline but they held on and aren't winning with him.



Inter Miami forward Lionel Messi shoots a free kick during the second half of an MLS soccer match against Charlotte FC, Saturday, Oct. 21, 2023, in Charlotte, N.C.

Associated Press

Lionel Messi is a finalist for the MLS Newcomer of the Year award

NEW YORK (AP) — Lionel Messi of Inter Miami CF is a finalist for Major League Soccer's newcomer of the year.

The league announced those up for its year-end awards Thursday with the winners being named throughout the MLS Cup Playoffs.

It is no surprise that Messi, Argentina's great who joined Inter Miami this summer, would be up for the honor. The global great has created a sensation since coming to play in the United States' top soccer league. He has posted 11 goals and eight assists since joining Miami for the MLS Leagues Cup competition in July.

Giorgos Giakoumakis of Atlanta United and Eduard Löwen of St. Louis City SC are the other finalists for the award, which the league defined as a player with previous professional experience who made his MLS debut in 2023.

The finalists for the MLS most valuable player award are FC Cincinnati midfielder Luciano "Lucho" Acosta, Atlanta United midfielder Thiago Almada and Los Angeles Football Club forward Dénis Bouanga.

Those up for coach of the year are Bradley Carnell of St. Louis City SC, Pat Noonan of FC Cincinnati and Wilfried Nancy of Columbus.



Shiffrin turns page on busy offseason, begins pursuit of a 6th overall World Cup title

By PAT GRAHAM AP Sports Writer

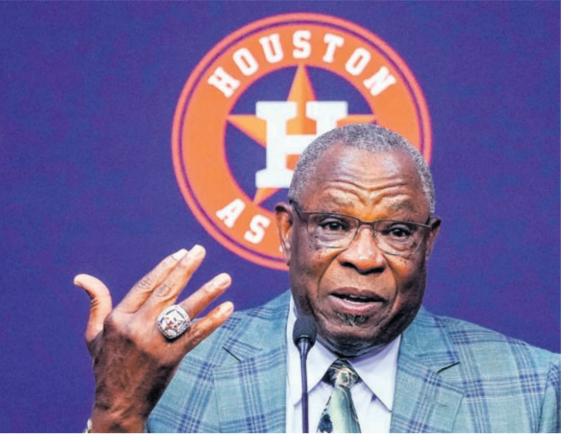
Keeping up with Mikaela Shiffrin's offseason endeavors may be just as challenging as catching up to her in a ski race.

She's constantly full speed ahead.

The all-time winningest World Cup ski racer attended a Taylor Swift concert, visited a camp where a lodge was named after her, picked up an award at the ESPYs, stopped by to see her boyfriend/fellow ski racer Aleksander Aamodt Kilde in Norway and wrote an article for Time on singer Noah Kahan.

On the training front, Shiffrin immersed herself in trail running, adapted to a coaching change and adopted a new attitude "relaxed and flowy," she called it into her racing. The five-time World Cup overall winner has come to realize it's OK to build throughout a season and that she doesn't need to be at her elite best when the season kicks off Saturday with a giant slalom race in Soelden, Austria.

"I'm trying to take a little bit more of an approach of giving myself time to build into my best form," the 28-year-old Shiffrin said Thursday in a Zoom call. "If I feel amazing on Saturday,



United States' Mikaela Shiffrin competes in an alpine ski, women's World Cup slalom race, in Soldeu, Andorra, Saturday, March 18, 2023.

complain about that." One of the questions hovering around Shiffrin was motivation. More specifically, how does she find another source of inspiration after breaking Ingemar Stenmark's longtime World Cup wins record last season. Shiffrin's current total stands at 88 and counting (Stenmark had 86).

I'll take it. I'm not going to Not even close to an issue, Shiffrin maintained. Her motivation will be as strong as ever in pursuing more World Cup overall titles. The women's record is six by Annemarie Moser-Proell of Austria.

"So that motivation doesn't change because it just kind of resets every year," said Shiffrin, who's from Colorado. "That's where my **Associated Press**

head's at."

To take her training to another level, Shiffrin incorporated more trail running. It helped her report for training camp in arguably the best shape of her life. But then food poisoning hit her while training in Chile. And then when she got back home she caught a bug she couldn't shake. It zapped her strength.

"I feel like I'm in a good place now," Shiffrin said.

She's working with a new coach, too, in Karin Harjo, who replaces her longtime coach Mike Day. Shiffrin's mom, Eileen, still works with her as well.

"Karin's transitioning really quite seamlessly into the team," Shiffrin said. "I'm really excited to move forward with Karin leading the charge."

Shiffrin made sure to praise Day, too: "I owe so much of the career that I've had to him and the work that he's done."

The plan is for Shiffrin to try to add more speed races super-Gs in particular this season. But that's all schedule and health willing, of course.

"There's not really a lot more racing that I can physically do," Shiffrin said. "But there's a little bit more."

There's also not a lot more she could've crammed into her offseason. She did a little bit of everything.

Shiffrin and her U.S. ski team friends caught a Swift show together. Their bonding time included, "jumping up and down for 3 1/2 hours, shouting 'Love Story' and all of that," Shiffrin said with a laugh.🔲

Miller and Márquez joined by 5 first-time World Series umpires for **Fall Classic**

ARLINGTON, Texas (AP) Márquez will be joined by Baseball said Thursday. umpires when the Texas reserve umpire for the Rangers play the Arizona Diamondbacks starting Friday night.

Miller and Márquez each plate by Márquez, Rackley, will be working his fifth Knight and Carapazza. World Series. Miller will be Game 7.

Márquez will be at first base Revburn behind the plate, David Rackley at second, Miller was at 94.1%, Knight Brian Knight at third, Vic 94%, Rackley 93.9%, Car-

Carapazza in left field and apazza at 93.7% and - Bill Miller and Alfonso Miller in right, Major League

opener and will call balls and strikes for Game 2. He will be followed behind the

Wolcott, 37, was the most the umpire crew chief and accurate at balls and would work the plate for a strikes this season at 96% among umpires working the plate for more than in the opener, joined by D.J. one game, according to umpscorecards.com.

Márquez and Reyburn at 93.5% each.

five first-time World Series Quinn Wolcott will be the Miller, 56, also worked the Series in 2010, '13, '17 and '20, and he was crew chief in 2020. Márquez, 51, umpired at the Series in 2006, '11, '15 and '21.

> Knight is 49, Reyburn 47 Carapazza 44 and Rackley 42.

All seven Series umpires worked this year's Division Series.

Todd Tichenor and Lance Barrett will be the video review umpires at MLB's office in New York.



Home plate umpire Alfonso Marquez shouts instructions to the Oakland Athletics dugout during a baseball game against the Texas Rangers, Sept. 9, 2023, in Arlington, Texas.